

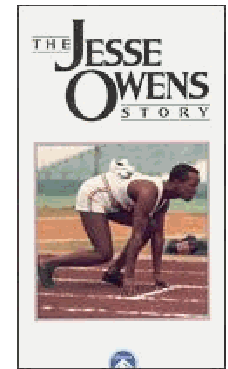
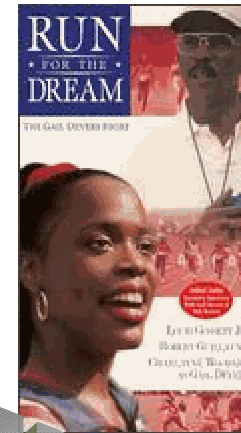
★ ★ ★ *Movie List* ★ ★ ★

★ 26 exciting feature movies about *Running* ★

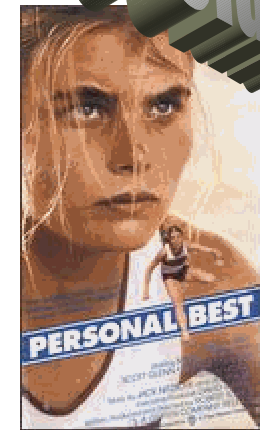
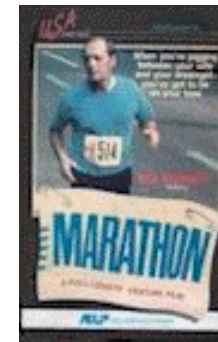
- 1 **Across the Tracks**- Brad Pitt first movie- highschool track star
- 2 **Chariots of Fire** - Oscar-winning drama , 1924 Paris Olympics
- 3 **Children of Heaven**- Siblings share shoes + become fast runners
- 4 **Endurance** - Life story of '96 10K Gold medallist Gebrselassie
- 5 **Fire on the Track: Steve Prefontaine Story**- His lifestory
- 6 **The Four Minute Mile**- true story on the world's fastest mile
- 7 **The Jericho Mile**- a prisoner runner who ran the Olympics
- 8 **The Jesse Owens Story**- a four gold medallist super-athlete
- 9 **Loneliest Runner**- from director of Little House on the Prairie
- 10 **Loneliness of the Long Distance Runner**-running changes the course of young punk's life.
- 11 **The Long Run**- coach trains female for Comrades Marathon
- 12 **Loretta Claiborne Story** Physically challenged champion runner
- 13 **Marathon (Bob Newhart)** - his hilarious marathon story
- 14 **Marathon of the Sands**- 148 miles of running in the Sahara
- 15 **Olympiad Series THE MARATHON**- Marathon's history
- 16 **On the Edge**- a middle-aged amateur long-distance runner
- 17 **Personal Best**- Athletes' lives training for 1980 Olympics
- 18 **Prefontaine**- biographical sports drama- Steve Prefontaine
- 19 **Run for the Dream: Gail Devers Story**- Real life inspiration...
- 21 **Running**- Michael Douglas trains for marathon dream.
- 21 **Running Brave**- True story of Sioux tribe runner Billy Mills
- 22 **Running on the Sun**- Great doc on Badwater 135 mile race
- 23 **See How She Runs**- Divorced mom starts running at 40.
- 24 **Terry Fox Story**- very moving + inspirational running move
- 25 **Wilma**- early life of Olympic gold medallist Wilma Rudolph
- 26 **Without Limits**- Believe In yourself.. on Steve Prefontaine

Movie Club Brochure

- ✓ **This is a Movie Club Brochure of information.** To apply you'll need to come fill out a separate membership card where you'll give us you're name, email, phone #, and shipping address. You'll also be assigned a member # and collect the contact information from your 2 trading partners.
- ✓ The Annual Member fee is \$10 (this training season)
- ✓ To join the LARRs Movie Club, **simply come register at the Movie Club corner lunch tables on Saturday morning run at Westminster School.**
- ✓ The roster is open first come, first serve each Saturday at LARRs Westminster School (Movie Club corner lunch tables) starting the first Saturday of training
- ✓ The \$10 members fee is non refundable and covers some club expenses - The club is is a non-profit idea
- ✓ You'll be assigned 2 other LARRs as partners: one who brings you a new tape, one to whom you pass your tape to. But no stress : You ll have their contact in case you or the other person cannot make a Saturday morning run!
- ✓ Be sure to be a dedicated runner who plans to participate in the LARR training. This keeps the club going!
- ✓ More information is available at the website <http://mysite.verizon.net/philipsteinman/LARR/index.htm> Including a more descriptive list of our 26 running movies and a detailed season schedule.



LARR MOVIE CLUB



26 exciting feature movies about *Running* !
LARRs train over 26 weeks for the LA Marathon.

Each week LARR Movie Club members take home a different VHS movie tape with an inspirational running themed story.
See them all and stay inspired throughout your training season !

<http://mysite.verizon.net/philipsteinman/LARR/index.htm>

Keeping inspired

- ✓ stay motivated while you are training to complete the LA Marathon !
- ✓ learn the hardships and triumphs of real life Olympians runners..
- ✓ discover personal accomplishments about people like you and I who complete marathons..
- ✓ enjoy a quiet Friday movie night with family and friends before your long run Saturday with the LARRs...

LARRs Movie Club

- ✓ you will have a chance to see 26 inspirational running movies..one for each of your 26 week training program!
- ✓ Right before or after your Saturday run with the LARRs, at the Westminster School, you take home a different exciting movie !
- ✓ Every week, you will bring the movie you have seen back to the Movie Club corner table and see the next one assigned to you!

Here's How it works

It's a 'round robin'... The movies go up the 26 person list, one by one, week by week.

So member #1 starts with tape #1 and in week #2 member #1 gets tape #2, while member #2 starts with tape #2 and gets tape #3 in week #2.

Each week at LARR training you bring back your running movie. You give your movie to the club member # above you on the Season Schedule list of 26 movie club members.

You get your new movie from the club member below you on the Season Schedule list. So member #1 gives to #26 and receives from member #2 each week. You're two trading partners never change. So make friends with these 2 people. You will be given their name, phone #, email address, and shipping address,. It is the Movie Club etiquette that if you cannot make it one week, then you US Priority Mail your tape to your partner, or have a friend give it to them. There is a complete season schedule on our website at

<http://mysite.verizon.net/philipsteinman/LARR/index.htm> and at the Movie Club lunch tables each Saturday.

FAQ...

1)What if I'm absent one week?

If you are not able to attend LARR training one week, please contact your exchange partner and get them the tape by mail or a friend. Inform your other partner of your absence and maybe they will mail you the tape or drop it off at your place. You can also skip that week, if you do not intend to watch the movie. But do not hang on to your old tape and make the next person miss their week with that movie.. keep the movies moving through the list please.

2) When & Where do I exchange my movie?

Please try to exchange your tape directly with your partner each Saturday before or after LARR training runs... it is recommended that you exchange tapes at the MC lunch table, but it's up to you two to determine precisely when & where. If you cannot find your partner, just place your tape in your Movie Club's bag of movies. Movie Club members meet at 6:45-7am at the corner lunch tables to exchange tapes, or drop their tape in their Movie Club's bag. After the run, if they haven't directly exchanged with their partner, they typically pick up their new tape from the Movie Club bag. Please keep the White & Blue & Red Tapes in separate bags.

...FAQ continued

3) How do I know what movie I will get? If you start with movie #1, next week you will get #2, then #3 and so forth. Each movie will be assigned a #1-26 and be clearly labeled with this # on it's boxed cassette. After movie #26, you get movie #1.

4) What if I missed a movie? If you are absent one week or if your partner did not return their tape (rude! don't do this!), then you have unfortunately missed your 1 week opportunity to see that movie. Please make every effort to keep the movies rotating through the list so this does not happen to someone else. Remember, if you cannot make it to LARRs, just mail your partner the movie, or have a friend bring it to them. Don't be shy or afraid to contact your partners by phone or email. Each member only has 2 partners. It's up to the 3 of you to make it work for the 26 people on the Movie Club list.

5) Can there be more than 26 Movie Club members? There can be 2 groups (White Tape, Blue Tape) each with their own copy of the 26 Running Movies or their 26 people. So up to 52 LARRs can participate. If you for some reason are no longer actively participating, please gracefully bow out of the Movie Club by emailing or calling me (be sure to return all outstanding movies). We will take your name off the Season Schedule list and cheerfully allow another LARR to take your place!

6) This Movie Club sounds great how can I help? You can help the Movie Club by watching the movies; both at home and at the lunch tables, so people who don't know what the MC is do not accidentally walk away them. Explain to people how it works, and encourage their participation by joining the club. From time to time we will need a designated person to take the Movie Club "Bag of Movies" home for the week. Inevitably some people do not come one week and do not get their movie, so it stays in the Movie Club Bag, and this must be taken home and brought back each Saturday. You can help out by volunteering to take the bag and bring it back. (Just email, phone or contact me.)

7) How do you get more Running Themed Movies? You can also help by tracking down and buying for the club rare Running Themed Movies. To date all of the movies in the club have been purchased by me on ebay, amazon.com, and the like over the last 3 years. The low cost of membership has not nearly covered the initial expenses I've incurred, but I have donated my time and money to what I hope you will find a wonderful idea. The runningmovies.com website has become the all inclusive list of movies, documentaries, or training videos having anything to do with running. If you'd like to help make an addition to our Movie Club library, by all means, please do so!